

Patient Dosing Diary



Cannabis for medical purposes isn't a one-size-fits-all treatment. Keeping a written record of the effects of your medical cannabis therapy helps you and your healthcare professional track the efficacy of different cannabis products.

As you pinpoint which cannabis products manage your symptoms best, you will gain confidence in your ability to choose and dose the medicine that is right for you.



Medical Cannabis. Simplified.™

The Spectrum is a simple colour-coding system designed to help you and your healthcare professional select the right medical cannabis product for you. Each colour represents a category of products according to their ratio of THC and CBD. Depending on your needs, you may wish to take a product containing THC, CBD, or a mixture of both.

Using The Spectrum



Red products are THC dominant



Blue products contain a balance of THC and CBD



Yellow products are CBD dominant

Our dedicated support team for patients is available to answer any questions you have.



1-855-558-9333

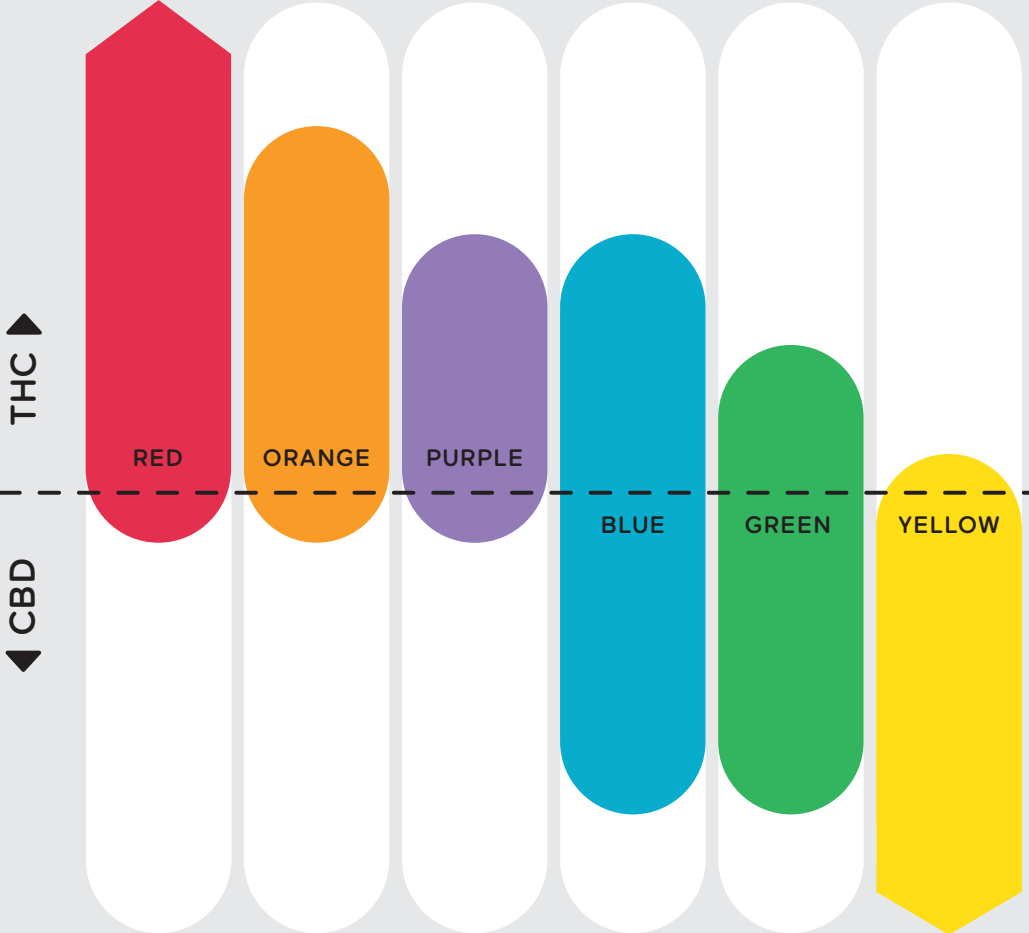


Care@SpectrumCannabis.com
















SpectrumCannabis.com

The Spectrum



Notes

Date / /

Colour <input type="radio"/>  <input type="radio"/>  <input type="radio"/>  <input type="radio"/>  <input type="radio"/>  <input type="radio"/>  Red Orange Purple Blue Green Yellow															
Other products															
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Colour

 **Red**  **Orange**  **Purple**  **Blue**  **Green**  **Yellow**

Other products

Indica Sativa Hybrid

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Dose consumed			Time of use	
 _____ inhalation(s)	 _____ mL	 _____ number	_____ AM	_____ PM
Was it effective?			<input type="radio"/> Yes <input type="radio"/> No	














Duration of effects

Effects on symptoms	Unwanted effects

Symptom Scale	Comments
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